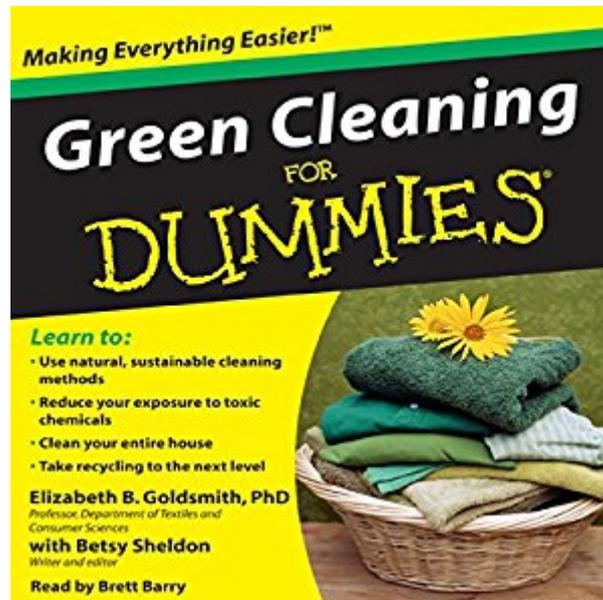


The book was found

# Green Cleaning For Dummies



## Synopsis

An authoritative guide to reducing household exposure to hazardous chemicals. Thousands of household products contain toxic ingredients. Today, more and more people are seeking more natural cleaning methods to reduce their exposure to harsh chemicals. From the kitchen and bath to the living room and laundry, *Green Cleaning For Dummies* provides readers with green solutions to every common cleaning chore. Focusing on organic, nontoxic, sustainable alternatives to conventional cleaning products, it's packed with suggestions and tips for effective cleaning, and even offers green solutions for sprucing up patios, garages, vehicles, and the exterior of a house.

## Book Information

Audible Audio Edition

Listening Length: 3 hours and 42 minutes

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Version: Abridged

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Best Sellers Rank: #83 in Books > Audible Audiobooks > Arts & Entertainment > Architecture  
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Improvements > Green Housecleaning #1074 in Books > Arts & Photography > Architecture >  
Sustainability & Green Design

## Customer Reviews

Do not be fooled by the "for Dummies" marketing or nomenclature, this is a very reasoned and well thought out book. Though the main focus is on green cleaning, there are many ideas in this book which can help in green living and in minimizing our resource consumption. Going through this book helped me rethink several aspects of cleanliness that we often overlook - dust mites etc in your pillows/bedding and window curtains/drapes; the usefulness of sunlight as a cleaning agent; the deception behind the new car smell and so on. It gets these ideas across in a thoughtful manner, in going beyond the green washing that companies often use nowadays and understand the real impact of a consumer choice - Is a local non-organic apple better than an organic apple from far away Chile? More practically it offers several solutions for maintaining a healthy living condition. The chapter on home "recipes" for day to day cleaning agents is useful.

This is a handy book for cleaning supply recipes and hints. I wish more had been said about some of the products listed being tested on animals, since that is about 90% of the reason I want to go green in my cleaning. In some cases this issue was addressed, but my concern is that if animals are tortured to prove the safety of a product, I'd rather not use the product anyway. But, with some of the recipes for supplies it is obvious that the product would not harm humans or animals unduly, so those are the ones I have chosen to use. They do a fine job. If you want to get rid of chemicals in your home this book can give alternatives. The price was too good to be true, but it would have been a bargain at a much higher price.

This book helps to accomplish the task of cleaning in a quick, easy way. The products are to buy are much cheaper than using commercial products. It is very easy to read and use. Green living should be quick and easy. I highly recommend it for those who are conscious of their environment and want ways to have a cleaner interior in their homes. I have used some of the solutions in the book and found they worked well.

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