Lotion Making: A DIY Guide To Making Lotions From Scratch
Highly underestimated, lotion is the unsung hero of our handbags, sinks, and medicine cabinets, with essential uses from sun protection to aging prevention. These handy creams are absolutely indispensable when it comes to maintaining healthy, vibrant skin. Why you should make lotions a fundamental part of your day....

Dry, cracked skin from bitter winters. Sun-scorched blisters from the hottest of summers. Our skin needs more attention than we sometimes give it. Even if your skin type tends toward being oily, it is still important to use a hydrating lotion on a regular basis to maintain a healthy body and prevent your skin from aging quickly and unnecessarily. Lotion is as important to the skin as water is to your body. It repairs, protects, improves blood circulation, and serves as a valuable primer for makeup. But why stick with the conventional brands? Why not make your own personalized lotions with your favorite scents and ingredients? Learn how to make easy body butters and lotions from home! Brimming with recipes, this audiobook will guide you through plenty of wonderfully crafted lotion creations that are easy, fun, and great foundations for a beginner. You will enjoy making the following recipes: Foundational, all natural lotion for beginners Sparkly champagne lotion Coffee body butter Whipped pumpkin spice body butter Bronzing lotion Glitter lotion Sugar cookie lotion And more... This DIY lotion making guide will have you creating your own concoctions from scratch in no time. You’ll be handing out gifts for holidays and birthdays, and there’s no doubt your recipients will be asking for more. It’s true. Lotion Making: A DIY Guide to Making Lotions from Scratch is overflowing with incredible recipes that will leave you reaching for your lotions all hours of the day.

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Customer Reviews

Very SMALL pamphlet on lotion making, but includes a few fantastic recipes. Author states there would be recipes for salve, however I was unable to locate said recipes. Quick Google search provided what I needed.

Living in a warm climate I never experienced winter cracked skin, until my niece started to have them when we went to colder climate. A guy who likes to do DIY of almost everything, next to my DIY projects will be this.

Easy to read and follow for beginner lotion makers.

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