

Synopsis

Learning and naming the many parts and systems of the human body can be a daunting task for student nurses, as well as for other students preparing for careers in the various scientific and medical professions. This highly original book helps make learning a great deal easier. Hundreds of anatomically accurate line illustrations show human body parts and readers are encouraged to shade them in with colored pencils. It's a simple physical task intended to imprint on students' memories the shape and location of each body part, making later visualization and memory retention much easier. The book has a spiral binding hidden beneath the cover's spine so that pages lie flat for easy coloring. Other features include-- Tabbed chapter openers for quick reference Extra-heavy paper that minimizes show-through Every body system and part is presented All parts labeled with correct anatomical names An extra feature is a set of eight transparent overlays illustrating the human body. They simulate the peeling away of layers of tissue to reveal anatomical features, such as muscles, bones, organs, and circulatory system. The overlays are bound into the book with "scissor-perf" lines that show students where to cut. The Anatomy Student's Self-Test Coloring Book is a must-have learning tool for all students and practitioners who require detailed anatomical knowledge. In addition to a substantial and instructive text, it features 144 two-color pages and 32 additional pages in full color.

Book Information

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (93 customer reviews)

Best Sellers Rank: #11,134 in Books (See Top 100 in Books) #7 in [Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Science & Anatomy](#) #18 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Basic Sciences > Anatomy](#) #20 in [Books > Textbooks > Science & Mathematics > Biology & Life Sciences > Anatomy & Physiology](#)

Customer Reviews

I was looking for one of these books never realizing how many there were. I went with this one

because of previous reviews and I am not sorry. The price was good and the book is very helpful. I love the fact that it is a self-test book, you just label all the parts and then the answers are on the bottom. The pages are nice and thick so even when I thought I might be pressing too hard with my colored pencils I was still not showing through to the other side, which is important for a coloring book. The book is also well organized so whatever section of the body you might be studying, it is easy to find with nice sized pictures. After a lot of research I am glad I chose this one. I have and will continue to recommend this book to others.

I've looked at a lot of Anatomy Coloring books and this one is far superior. It is absolutely the best. First it is spiral bound. Second the drawings are very clear and large using several plates for each area with zoom in drawings. Third it provides a "study" mode encouraging the student to label each drawing while coloring with the correct answers on the bottom of the page. I cannot say enough good things about the quality of this book and the value of the large uncluttered drawings. I wish it was around 30 years ago when I was in nursing school, but was thrilled to find it for my pre-pharmacy daughter.

This helped me tremendously for studying for my lab practical exams (bones and muscles). It has all the needed detail while keeping it simple as to not detract from the task at hand. Great product, highly recommended.

Visual learners need to see and experience what they are learning. What a great way to learn anatomy! I find coloring to be a very relaxing activity too.

I am a nursing student taking General Anatomy & Physiology. This coloring book is great for helping to remember where bones and muscles are, what specific tissues look like, and much more. Being able to see where parts are and color them in a way for you to remember them on your own is great. I would recommend this coloring book to my classmates and peers.

So, I almost bought the more expensive \$50 version of an A&P coloring book but cringed at how much it was. I mean, what student can afford to throw money away on a ton of different study aides. So, after reading the reviews on this coloring book which was so much less than the others, I took a chance. Boy, am I glad I did, it's awesome and has helped me a HUGE amount, driving in the areas and anatomy which I'm doing in class. Awesome study aid!!!

This is a must buy for any college student needing to take an anatomy course! This book is a great way to learn or to study the anatomy of a human body. I used this book for my Anatomy and Physiology course in college, and it helped me to remember the parts for any exams I had to take.

Fun way to get to know the human body with higher quality paper than you'd think- also good for people who are in a rut of coloring the same type of thing and want something a little unusual- so it's relaxing to use even if you're not an artist or in the middle of an anatomy class. The paper is higher quality but I have not tested markers on it just colored pencils so I don't know if using ink would cause bleed through.

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The Anatomy Student's Self-Test Coloring Book Master Self-Discipline: Simple and Effective Steps to Develop Self Discipline, Get Organized, and Make Things Happen! (Willpower, Stress Management, Self ... (Self Improvement And Motivational Book 1) Magical Unicorns and Fairies: Adult Coloring Book: Unicorn Coloring Book, Fairy Coloring Book, Fantasy Coloring Book, Fairies Coloring Book, Adult Coloring Book Back to the 80s: 1980s Fads and Fashion Coloring Book: Adult Coloring Books Fashion, 80s Coloring Book, 1980s Coloring Book, Fashion Coloring Book ... Fashion Coloring Book for Adults) (Volume 1) #Me #Coloring Book: #ME is Coloring Book No.5 in the Adult Coloring Book Series Celebrating Ideas to Live By (Coloring Books, Coloring Pencils) ... Series of Adult Coloring Books) (Volume 5) #Love #Coloring Book: #Love is Coloring Book #1 in the Adult Coloring Book Series Celebrating Love and Friendship (Coloring Books, Coloring Pencils) ... Series of Adult Coloring Books) (Volume 1) Anatomy Coloring Book (Kaplan Anatomy Coloring Book) Grayscale Adult Coloring Books Gray Faces: Coloring Book for Grown-Ups Grayscale Coloring Books) (Photo Coloring Books) (Fantasy Coloring Books) Grayscale Animals) (Animal Coloring Books) (Volume 1) The Human Brain Student's Self-Test Coloring Book The Physiology Student's Self-Test Coloring Book Creative Oceans Coloring Book: Adult Coloring Book of Stress Relief Sea Animal Patterns and Designs (Ocean Coloring Book, Lost Ocean, Stress Relief Coloring Book, Anti Stress Coloring Book) (Volume 1) The Horse Anatomy Workbook: A Learning Aid for Students Based on Peter Goody's Classic Work, Horse Anatomy (Allen Student) McMinn and Abrahams' Clinical Atlas of Human Anatomy: with STUDENT CONSULT Online Access, 7e (McMinn's Color Atlas of Human Anatomy) Student Workbook for Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists (LWW Massage Therapy and Bodywork Educational Series) The 21-Day Self-Confidence Challenge: An Easy and

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