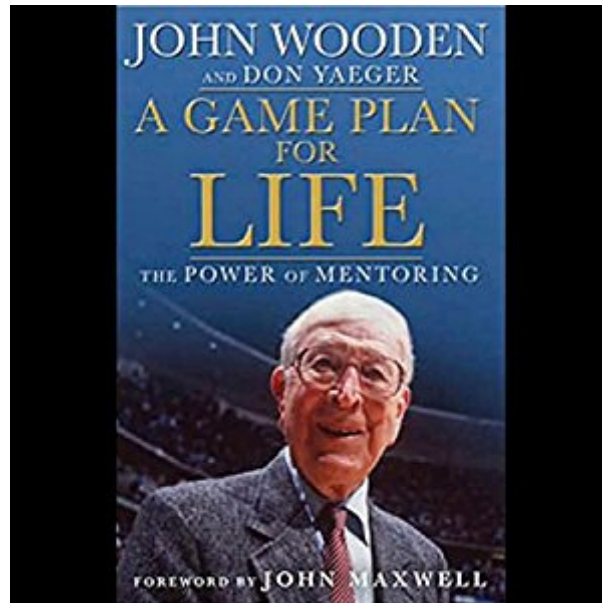


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# A Game Plan For Life: The Power Of Mentoring



## Synopsis

After eight books, many of them bestsellers, *A Game Plan for Life* was the one closest to John Wooden's heart: a moving and inspirational guide to the power of mentorship. The first half focuses on the people who helped foster the values that carried Wooden through an incredibly successful and famously principled career, including his father, his college coach, his wife, Mahatma Gandhi, and Mother Teresa. The second half is built around interviews with some of the many people he mentored over the years, including Kareem Abdul-Jabbar and Bill Walton. Their testimony takes readers inside the lessons Wooden taught to generations of players, bringing out the very best in them not just as athletes but as human beings. In all, this is an inspiring primer on how to achieve success without sacrificing principles and how to build one of the most productive and rewarding relationships available to any athlete, businessperson, teacher, or parent-that of mentor and protégé.

Praise for *A Game Plan for Life*: "My time learning from Coach Wooden-sitting and asking him questions, soaking up his answers-has provided some of the most significant lessons in my life. Any way that you can be mentored by a giant like him, including reading *A Game Plan for Life*, will provide great lessons for you, too."-Pat Summitt, women's basketball coach, University of Tennessee "Few coaches have affected their players' lives so fully as John Wooden, so here's a natural question: Who mentored the mentor? Well, John Wooden is glad we asked."-Bob Costas

--This text refers to an out of print or unavailable edition of this title.

## Book Information

Audible Audio Edition

Listening Length: 6 hours and 1 minute

Program Type: Audiobook

Version: Unabridged

Publisher: Audible Studios

Audible.com Release Date: January 28, 2010

Whispersync for Voice: Ready

Language: English

ASIN: B0036BWR6K

Best Sellers Rank: #7 in Books > Sports & Outdoors > Basketball > Coaching #32 in Books > Business & Money > Management & Leadership > Mentoring & Coaching #61 in Books > Audible Audiobooks > Nonfiction > Sports & Recreation

## Customer Reviews

When it's all said and done and the maker calls us home, the real measure of a successful life has to do with how much you improved the lives of those around you. With that in mind, few people come close to the life of John Wooden. There are untold vast numbers of people who have become better people and lead better lives because of the coach. Through his books, many of those people, like myself, never even met him. In his newest book, and quite possibly his last, *A GAME PLAN FOR LIFE*, Coach Wooden teaches about mentoring. I really like the way the book gives mentoring from two different approaches, but giving and receiving. The first half of the book profiles seven people who mentored Coach Wooden. The last half profiles seven people who were mentored by him, either directly or indirectly. I found the mixture to be very interesting, and yet probably very similar to most other people. Among his mentors, coach lists his father, 3 former coaches and two people from history he never met but spent hours reading about. Among the mentees, who each wrote their own chapters in the book, we find 3 former players at UCLA, 2 other coaches, a teacher who had never met the coach, and his great-grand-daughter. It's interesting to see how mentoring is both given and received in different ways to meet the needs of the recipient. The book is filled with sage quotes and life lessons that will touch readers in a variety of ways. While as always, I loved what the coach wrote, I particularly enjoyed the chapter written by Dale Brown, coach of the LSU basketball team. Coach Brown knew Coach Wooden, but only because they had played against one another when Coach Brown was an assistant coach at Utah State.

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